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# **Discover The Power Within You**





## Synopsis

The inspirational classic that hassold over 250,000 copies!In this classic work, Eric Butterworth sees the divine within us all to be a hidden and untapped resource of limitless abundance. Exploring this "depth potential," Butterworth outlines ways in which we can release the power locked within us and let our "light shine.""There is only one way under the sun by which a man can achieve his 'Mt. Olympus' -- that is to say, achieve the realization and unfoldment of his own innate divinity -- and that is by bringing about a radical and permanent change for the better in his own consciousness," writes Butterworth.Butterworth demonstrates that the existence of this divine dimension in each individual is the greatest discovery of all time. He explains the universality of such vital subjects as: how to succeed; how to pray; how to find confidence; how to overcome personal problems; and how to find healing. With insight and sensitivity, Butterworth opens new doors of self-knowledge, and outlines ways in which we can release the power within.

### **Book Information**

Paperback: 239 pages Publisher: HarperSanFrancisco (September 5, 2000) Language: English ISBN-10: 0062501151 ISBN-13: 978-0062501158 Product Dimensions: 8 x 5.4 x 0.6 inches Shipping Weight: 6.4 ounces Average Customer Review: 4.6 out of 5 stars Â See all reviews (210 customer reviews) Best Sellers Rank: #353,135 in Books (See Top 100 in Books) #37 in Books > Religion & Spirituality > Other Religions, Practices & Sacred Texts > Unitarian Universalism #72 in Books > Religion & Spirituality > New Age & Spirituality > Self-Help #1761 in Books > Christian Books & Bibles > Christian Living > Self Help

#### **Customer Reviews**

My first review of this book was written in 2002. Three years later and I still highly recommend this book to people who are new on the spiritual journey as well as those who are "advanced students". I use that term loosely as I feel that the only advances we ever really make are those in terms of consciousness. There was one review that said this book was too religious. I think that Butterworth uses a lot of terms associated with the Christian religion but in no means does it make this book "religious". Butterworth stresses that Jesus is not the great exception but the great example. I can

see where the reader may have gotten a tad scared because there is a tendency on the part of some spiritual seekers to want to do away with anything that has to do with Jesus and Christianity. But I feel that the Christian religion is not truly based on the real message of Jesus. Creeds and Dogma and rites and ceremonies came after Jesus left the scene. Let us remember that Jesus himself was not a Christian at all, but a Jew who plumbed the depths of the Torah and had a revelation so magnificent that he wanted to share it with all.Jesus discovered that there is a Power within all of us. Read your Bible, people! He said, "What I have done, you can do likewise and even greater things than these..." People don't want to hear that because that means we now have an inner responsibility to committ to but let us also remember that it is never we, ourselves, that do the work but the "Father within". Does a seed know how to turn into a flower? Does a caterpillar know how to turn itself into a butterfly? Do we, in all our supposed knowledge, really know how to turn bread, milk, and cheese into bones, muscle, and living tissue?

This motivational, inspirational, spiritual, enlightening and mind expanding book was written about "What did Jesus really teach?" It is based on the teachings of Charles and Myrtle Fillmore, founders of the Unity Movement, and "Lessons in Truth" by Emilie Cady. Although anyone from any religious background can practice the Unity principles, the interpretation of Bible and Jesus's teachings in this book and "Lessons in Truth" are guite different than mainstream Christianity. It is interesting that when I checked the reviews, there were two people who gave one star to this book. The first person didn't like it because "it was too religious" and the other one claimed "there was not enough religion in it." Unity is called "spirituality without dogma" and the Unity publications are highly motivational writings intertwined with metaphysical Christianity. Unity principles, also the content of this book, are as follow:1. God is love, all good and the only source of our prosperity (Prosperity includes our emotional, mental, and spiritual as well as physical needs). He is omnipotent, omniscience and omnipresent.2. Humans are made in God's image. Therefore, we all have Holy Spirit living in us. the Divinity of Man)3. What we dwell on is what we bring more of in our lives. Positive thinking brings positive results. (Energy flows where mind goes)4. In order to be healthy mentally, physically and spiritually, we need to be connected to our Creator with regular prayer.5. Affirmative prayer (Instead of pleading and bargaining with God, being grateful and thanking God for the answered prayer before it is answered) brings positive results. If you are working on personal-growth and spiritual enlightenment, this is the book for you.

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